



Happiness is a choice.

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**HOW DO I STAY ON TOP
OF MY CIRCUMSTANCES**

1.

GUARD YOUR SPIRIT

2.

**HIDE THE SCRIPTURE
IN YOUR HEART**

3.

AVOID SCORNERS

4.

**STAY OCCUPIED IN
DOING GOOD**

5.

STAY CLOSE TO THE LORD

**HOW DO WE TRIUMPH
OVER TROUBLES??**

1.

**MEET THE PERSON WHO CAN HELP YOU
OVERCOME LIFE'S TROUBLES**

**SOME FACE TROUBLE WITH ANGER,
WITH SELF PITY, WORRY AND ANXIETY
FAITH IN GOD ABILITY TO SEE YOU THRU**

2.

**MEET YOUR PROBLEMS
WITHOUT DELAY**

3.

**MEET YOUR PROBLEMS
WITH A PLAN**

REASONS WHY A CHRISTIAN SHOULD NOT WORRY

1.

WORRY ACHIEVES NOTHING

2.

WORRY CAUSES SICKNESS

3.

**WORRY KEEPS YOU FROM
SERVING GOD**

4.

**WORRY IS A DIRECT
DISOBEDIENCE TO THE BIBLE**

**HOW DO WE GROW BETTER
WITH AGE??**

1.

CULTIVATE YOUR FAITH

2.

**KEEP LOVE IN YOUR
HEART FOR OTHERS**

3.

**FIND SOMETHING TO BE
THANKFUL FOR EACH DAY**

4.

DON'T MOURN THE PAST

5.

STAY BUSY SERVING GOD

6.

**LIVE EACH DAY EXPECTING
THE LORD'S RETURN**

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