

THE POWER OF PRAYER

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**1. What Do I Say
When I Pray?**

**2. How Do I Approach
GOD in Prayer?**

BENEFITS OF PRAYER

1. PROVIDES DIRECTION

2. ELIMINATES WORRY

3. INVITES GOD INTO THE SITUATION

4. PROVIDES DISCERNMENT

5. PRAYER GIVES ENERGY

6. PREVENTS DISTRACTIONS

**7. PROTECTS US FROM
DISCOURAGEMENT**

8. PRODUCES PEACE