



*Unto Thine
Own Self
Be True*

PASTOR:

Dr. Audrey "Joy" Sadaphal

DATE:

7-10-2022

MANIFESTATIONS OF LIVING A LIE

1.

**HAVE A DYNAMIC
PASTOR BUT NO LOVE AT
HOME**

2.

**KNOW THE BIBLE BUT
UNAWARE OF INNER
HURTS**

3.

**FAST AND PRAY WEEKLY,
BUT CRITICAL OF OTHERS**

4.

NEED TO COMPENSATE

5.

**TRIES TO UNDERCUT
AUTHORITY**

THINGS THAT AFFECT EMOTIONAL MATURITY

1.

**BE aware of what you
are feeling, what
you are doing**

1a.

Jesus felt grief

1b.

Jesus felt anger

1c.

Jesus felt rage

1d.

Jesus felt compassion

2.

**Ask yourself the
Why or What's going
on question**

3.

**Link the gospel to your
emotional health**

4.

**Break the power of
the past**

5.

**Get rid of the
glittering image**