



*The joy of the*

# LORD

IS MY STRENGTH

**PASTOR:**

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**How do I stay on  
top of my  
circumstances**

**1.**

**Guard your spirit**

**2.**

**A wounded spirit is  
difficult to bear**

**3.**

**There is nothing better  
for your life than a  
merry heart**

**4.**

**4 Avoid scorers**

**5.**

**Become occupied  
with doing good**

**6.**

**Stay close to God**



**How do I triumph  
over my troubles?**

**1.**

**Meet the one who can  
help you overcome**

**2.**

**Meet your problems  
without delay**

**3.**

**Meet your problems  
with a plan**

**How do I stay in love  
with the Lord?**

**1.**

**Stay in the word**

**2.**

**Stay in the house**

**3.**

**Keep in touch with  
GOD THRU PRAYER**



**4.**

**KEEP in the will of God**

**Reasons why  
Christians should  
not worry**

**1.**

**Worry accomplishes  
nothing**

**2.**

**Worry causes sickness**

**3.**

**Worry affects the spirit**

**4.**

**Worry prevents you from  
serving God**

**5.**

**Worry is direct  
disobedience to God**

**HOW DO I GROW  
BETTER IN THE  
LORD?**



**1.**

**CULTIVATE YOUR FAITH**

**2.**

**KEEP LOVE IN YOUR HEART  
FOR OTHERS**

**3.**

**MAINTAIN A  
CHEERFUL SPIRIT**

4.

**NOT MOURN THE PAST**

**5.**

**STAY BUSY SERVING  
THE LORD**

**6.**

**LIVE Each day expecting  
the Lord's return**